

2011 USATF Masters 5k Cross Country Championships - 10/22/2011  
 And Can/Am XC Challenge  
 Centre Park - Perinton, New York  
 Results

**Master Women 5k XC - Overall**

Comp#	Name	Team	Time	Points
1	202	McCoubrie, Doreen	49 Athena	19:44 2
2	1	Samuelson, Joan	54 Livestrong	20:21
3	205	Fakterowitz, Amy	43 Checkers AC	20:53 3
4	217	Duberry, Rebecca	41 Genesee Valley Harriers	21:05 4
5	225	Miller, Sheryl	48 Houston Elite Track and F	21:09
6	241	Myette, Suzanne	54 The Finger Lakes Runners	21:10
7	230	Martin, Kathryn	60 Northport Running Club	21:11
8	201	Jasper, Lorraine	49 Athena	21:12 1
9	218	Hayden, Kathleen	46 Genesee Valley Harriers	21:17 5
10	437	Bushallow, Mary	40 Syracuse TC Masters I	21:31
11	200	Hankin, Julie	47 Athena	21:35 6
12	203	Arlington, Judy	45 Checkers AC	21:48 7
13	219	Naujokas-Knapp, Audra	42 Genesee Valley Harriers	21:56 8
14	239	Steele, Karen	54 Tamalpa Runners	22:06
15	207	Randell, Elizabeth	44 Checkers AC	22:18 9
16	245	Biaggi, Linda	51 unattached	22:23
17	221	Weiler, Michelle	44 Genesee Valley Harriers	22:36 10
18	250	King, Julie	44 unattached	22:45
19	216	Bischoff, Maureen	45 Genesee Valley Harriers	22:49 11
20	206	O'Loughlin, Joann	45 Checkers AC	22:50 12
21	220	Schnuerch, Angela	44 Niagara Unattached	23:06
22	244	Tily, Lorrie	50 The Finger Lakes Runners	23:13
23	228	Utzschneider, Catherine	56 Liberty Athletic Club	23:20
24	444	Yanai, Ruth	53 Syracuse Track Club	23:23
25	418	Kraebel, Kim	42 Finger Lakes RC Masters I	23:49
26	209	Christo, Therese	57 Genesee Valley Harriers	23:50
27	210	Moore, Sharon	57 Genesee Valley Harriers	23:52
28	215	Lembo, Amy	47 Genesee Valley Harriers	23:59
29	248	Meyer, Katie	55 unattached	24:10
30	243	Steinbach, Coreen	60 Niagara Unattached	24:12
31	240	Franck, Zsafia	58 The Finger Lakes Runners	24:53
32	212	Zygo, Marilyn	54 Genesee Valley Harriers	24:59
33	224	Smith-Hanna, Carolyn	61 Genesee Valley Harriers	25:09
34	223	Ingalls, Cindy	60 Genesee Valley Harriers	25:18
35	237	Dodge, Carol	55 Syracuse Track Club	25:24
36	214	Klein, Christine	47 Genesee Valley Harriers	25:31
37	232	Harrison, Grace	65 Playmakers Racing	25:48
38	417	Ingall, Karen	41 Finger Lakes RC Masters I	25:57
39	423	Roberts, Marty	54 Finger Lakes RC Veteran I	26:04
40	494	Willis, Katherine	53 unattached	26:26
41	246	Diaz- Burgos, Carrmen	58 unattached	26:42
42	236	Ames, Sharon	54 Syracuse Track Club	26:43
43	204	Carroll, Catherine	44 Checkers AC	26:53 13
44	222	Herrick, Jeanne	60 Genesee Valley Harriers	27:11
45	211	White, Marie	51 Genesee Valley Harriers	27:26
46	249	Weinpress, Eileen	57 Niagara Unattached	27:31
47	419	Sedgwick, Laurie	49 Finger Lakes RC Masters I	27:53
48	420	FickBohm, Jill	51 Finger Lakes RC Veteran I	28:06
49	231	Dolan, Sharon	69 Playmakers Racing	28:16
50	443	Austin, Ann	52 Syracuse TC Veteran I	28:21
51	247	McCullough, Janine	52 Niagara Unattached	29:24
52	235	Thelen, Ruth	67 Playmakers Racing	29:27
53	227	Parsi, Carrie	72 Liberty Athletic Club	29:33
54	234	Nitz, Ellen	71 Playmakers Racing	31:51
55	233	Knight, Merion	74 Playmakers Racing	32:33

56	348	Krichbaum, Allison	31	Syracuse TC Open I	33:46
57	226	Harada, Mary	76	Liberty Athletic Club	34:31
58	208	Hyer, Edna	77	Checkers AC	43:14

### Master Women 5-Year Age Group Results

#### Women 30-34 5000 Meter Run Master-Indiv

Name	Age	Team	Finals	Points
Results - Women 30-34				
1 Krichbaum, Allison	31	Syracuse TC	33:45.26	

#### Women 40-44 5000 Meter Run Master-Indiv

Name	Age	Team	Finals	Points
Results - Women 40-44				
1 Fakterowitz, Amy	43	Checkers AC	20:52.57	
2 Duberry, Rebecca	41	Genesee Vall	21:04.31	
3 Bushallow, Mary	40	Syracuse TC	21:30.59	
4 Naujokas-Knapp, Audra	42	Genesee Vall	21:55.39	
5 Randell, Elizabeth	44	Checkers AC	22:17.81	
6 Weiler, Michelle	44	Genesee Vall	22:35.71	
7 King, Julie	44	unattached	22:44.13	
8 Schnuerch, Angela	44	Niagara Una	23:05.65	
9 Kraebel, Kim	42	Finger Lakes	23:48.78	
10 Ingall, Karen	41	Finger Lakes	25:56.67	
11 Carroll, Catherine	44	Checkers AC	26:52.13	

#### Women 45-49 5000 Meter Run Master-Indiv

Name	Age	Team	Finals	Points
Results - Women 45-49				
1 McCoubrie, Doreen	49	Athena	19:43.93	
2 Miller, Sheryl	48	Houston Elit	21:08.01	
3 Hayden, Kathleen	46	Genesee Vall	21:16.55	
4 Hankin, Julie	47	Athena	21:34.95	
5 Arlington, Judy	45	Checkers AC	21:47.89	
6 Bischoff, Maureen	45	Genesee Vall	22:48.39	
7 O'Loughlin, Joann	45	Checkers AC	22:49.64	
8 Lembo, Amy	47	Genesee Vall	23:58.83	
9 Klein, Christine	47	Genesee Vall	25:30.11	
10 Sedgwick, Laurie	49	Finger Lakes	27:52.19	

#### Women 50-54 5000 Meter Run Master-Indiv

Name	Age	Team	Finals	Points
Results - Women 50-54				
1 Samuelson, Joan	54	Livestrong	20:20.67	
2 Myette, Suzanne	54	The Finger L	21:09.90	
3 Steele, Karen	54	Tamalpa Runn	22:05.04	
4 Biaggi, Linda	51	unattached	22:22.04	
5 Tily, Lorrie	50	The Finger L	23:12.99	
6 Yanai, Ruth	53	Syracuse Tra	23:22.83	
7 Zygo, Marilyn	54	Genesee Vall	24:58.27	
8 Roberts, Marty	54	Finger Lakes	26:03.94	
9 Willis, Katherine	53	unattached	26:25.66	
10 Ames, Sharon	54	Syracuse Tra	26:42.19	

11 White, Marie	51	Genesee Vall	27:25.32
12 FickBohm, Jill	51	Finger Lakes	28:05.15
13 Austin, Ann	52	Syracuse TC	28:20.42
14 McCullough, Janine	52	Niagara Una	29:23.64

Women 55-59 5000 Meter Run Master-Indiv

Name	Age	Team	Finals	Points
Results - Women 55-59				
1 Utzschneider, Catherine	56	Liberty Athl	23:19.01	
2 Christo, Therese	57	Genesee Vall	23:49.70	
3 Moore, Sharon	57	Genesee Vall	23:51.13	
4 Meyer, Katie	55	unattached	24:09.13	
5 Franck, Zsofia	58	The Finger L	24:52.43	
6 Dodge, Carol	55	Syracuse Tra	25:23.74	
7 Diaz- Burgos, Carrmen	58	unattached	26:41.37	
8 Weinpress, Eileen	57	Niagara Una	27:30.29	

Women 60-64 5000 Meter Run Master-Indiv

Name	Age	Team	Finals	Points
Results - Women 60-64				
1 Martin, Kathryn	60	Northport Ru	21:10.31	
2 Steinbach, Coreen	60	Niagara Una	24:11.89	
3 Smith-Hanna, Carolyn	61	Genesee Vall	25:08.95	
4 Ingalls, Cindy	60	Genesee Vall	25:17.58	
5 Herrick, Jeanne	60	Genesee Vall	27:10.26	

Women 65-69 5000 Meter Run Master-Indiv

Name	Age	Team	Finals	Points
Results - Women 65-69				
1 Harrison, Grace	65	Playmakers R	25:47.89	
2 Dolan, Sharon	69	Playmakers R	28:15.80	
3 Thelen, Ruth	67	Playmakers R	29:26.16	

Women 70-74 5000 Meter Run Master-Indiv

Name	Age	Team	Finals	Points
Results - Women 70-74				
1 Parsi, Carrie	72	Liberty Athl	29:32.41	
2 Nitz, Ellen	71	Playmakers R	31:50.17	
3 Knight, Merion	74	Playmakers R	32:32.27	

Women 75-79 5000 Meter Run Master-Indiv

Name	Age	Team	Finals	Points
Results - Women 75-79				
1 Harada, Mary	76	Liberty Athl	34:30.04	
2 Hyer, Edna	77	Checkers AC	43:13.71	

